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Wallet Wellness

By Barney and Barney

In most parts of the country Fall is the best time of year for all kinds of garden activities, including planting and transplanting. It is also the time of year when you can save a bushel of cash on gardening equipment and nursery stock.

Here's how:

1. Many nurseries dramatically discount their remaining container-grown plants and other nursery stock, both to avoid overwintering them and to make room for the soon-to-arrive Halloween pumpkins and Christmas trees. It's a great time to negotiate an even better deal by simply asking for an additional reduction on already discounted nursery stock.
2. By shopping around in the Fall, you'll likely find the best deals of the year on all types of gardening tools, equipment and other supplies. It's worth calling area landscaping companies to see if they plan on selling off any of their used equipment.
3. Fall is a great time to start a compost to provide a receptacle for all the leaves, pumpkins and other yard debris. Check with local landscaping and tree removal services for some of the best prices of the year on mulch.
4. In addition to being the best time to plant most springtime flowering bulbs (e.g. tulips, daffodils, crocuses, irises, etc.) as well as trees and shrubs, many perennial plants and vegetables can be divided in the Fall. Dividing most perennials – once they're sufficiently mature – will both make them healthier and create multiple plants out of a single one, all for the cost of nothing more than a little light labor. •

Learn more at: <http://www.thedailygreen.com>

Source: <http://barneyandbarney.com/assets/files/b-Vital-October-2016.pdf>

**Policy of the Month:
Client Assault Incident**
By Administration

Direct service staff should be prepared and alert to potential situations that may lead to an assault incident while working with clients. All collateral materials must be reviewed by the direct service staff before the initial visit with the client to determine if prior incidents have occurred and/or if there is potential for assaultive behavior. If, after reading the collateral, the staff person has any questions, he/she should speak with the unit supervisor.

PROCEDURE:

1. MAINTAIN YOUR SAFETY AND THE SAFETY OF OTHERS: Distance yourself and others from the person engaging in assaultive behavior if feasible, OR use emergency intervention techniques (please refer to CPI training) as appropriate.
2. CONTACT A PROTECTION AGENCY, if you feel it is necessary. Utilize existing community services just as you would if you or anyone else were being assaulted outside of the service setting. Examples of resources would be mall, building or campus security officers or police.
3. SEEK IMMEDIATE MEDICAL ATTENTION for self and others as needed.

4. CONTACT YOUR SUPERVISOR as soon as possible. The unit supervisor will assist you and provide support. You will be asked to come into the unit office to discuss the incident. If you sustained an injury requiring more than routine first aid, you will be sent to the agency's medical clinic for care. You will also be asked to fill out the appropriate Workers' Compensation forms and the Employee Incident Report Form.

5. CONTACT OR ASSIST CLIENT IN CONTACTING NATURAL SUPPORTS.

6. Refer to the Consent for Emergency Treatment/Emergency Procedure Plan and the Client Information Sheet for names of family, friends, etc.

7. ENSURE THAT REGIONAL CENTER IS NOTIFIED of the incident regardless of the hour or day. Be sure your supervisor will make notification.

8. DOCUMENTATION: Submit written case notes and a completed "Incident Report Form" by end of the first business day following the incident. •

**Client
Anniversaries**

26 Years
Martin P. | San Marcos

20 Years
Souja Y. | Fresno

18 Years
Jeffrey S. | Santa Clara

8 Years
Dora A. | Merced
Miguel M. | Merced
Jonathan T. | San Marcos
Wendy G. | Santa Clara
Kathleen M. | Fresno

5 Years
Juan M. | Santa Clara
Marie P. | Merced

4 Years
David A. | San Marcos

3 Years
Salvador C. | Manteca
Ronika S.. | Manteca
Allen B. | Ukiah
Thomas M. | San Marcos

2 Years
Frances W. | Merced
Catalina A. | Santa Clara
Barush V. | Imperial Valley
Rosemary M. | Fresno
Desire R. | Salinas

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VCS

By Anya Lisa Washington

What's Going On?

Success Story

Robert is a 35-year-old USMC Veteran. He and his family walked into the Chula Vista office in need of immediate assistance. They were approved and enrolled into VCS on October 19, 2016. The following day case management paperwork and financial assistance paperwork was completed to save the family from eviction. Thanks to the speedy attention of Intake Coordinator Whitney and Program Manager Linda, VCS paid for four months of rental arrears just two days later and prevented Robert and his family from becoming homeless. Way to go team!

In Other News

Both Benefits Coordinators John and Anthony got gifts from the stork this month. John's bundle of joy arrived on October 13, 2016 and is an 8 pounds and 5 ounces gorgeous baby girl. Anthony's bundle of joy arrived just a few days later on October 18, 2016 and is an 8.6 pounds, 20.5 inches precious baby boy.

Veteran Specialist Demi was promoted to Case Manager, and Veteran Specialist Whitney W. was promoted to Intake Coordinator. Both are known to go way above the call of duty. As Veteran Specialists they've established excellent rapport with clients and co-workers while conducting outreach, eligibility screenings, intakes, and so much more. These two young women have bright futures ahead of them. Congratulations!

Special shout out to our birthdays: Regional Manager Angie, Data & Performance Coordinator Candace, Veteran Specialist Whitney, Housing Coordinator Dominique, Veteran Specialist Tammie



(Above) Anthony Deluca's baby boy



(Above) John Taylor's baby girl

Continued from p2

1 Year

Rosemary S. | Fresno
Valerie A. | Merced
Ira M. | Ukiah
Rachel N. | San Marcos
Johnny L. | Visalia
Esther T. | Visalia

Southern California

San Marcos
By San Marcos Staff

San Marcos Calendar

October 26: 5-8pm
HALLOWEEN PARTY POTLUCK
& COSTUME CONTEST

What's Going On?

Robin, Winnie, Nicole, and Melinda all enjoyed a day out on Mission Bay. They were able to use adaptive equipment to water ski provided by Sharp Rehab and MB Aquatics Center. Winnie is fearless and loves participating in all the events and even skiing for the first time. Nicole had her first experience with skiing, Melinda is overcoming her fears of water while sailing, and Robin was just enjoying the beautiful weather



(Above) Clients & Staff at Mission Bay

We celebrate YOU Teri Geston! Happy Bosses Day!



(Above) Teri Geston with her Boss's Day treats

Imperial Valley
By Ana Norris

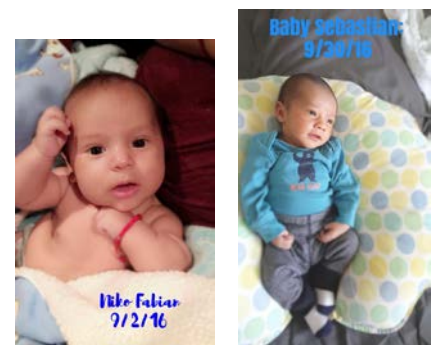
What's Going On?

Now that the triple digit weather is gone our advisory is back! We had a great time at the mall where we discussed our next fundraiser. We will be selling caramel apples for \$3.00 each, and our next meeting will be held on November 15th. Don't forget to RSVP with Gloria!



(Above) Jeannie, Maria, and Teri celebrating Maria's 5yr anniversary with CCC.

We are happy to announce two new members to the CCC Family! Brianna had a beautiful baby boy named Sebastian, and Nancy had Niko in the same month! If I were you, I would not drink the IV water. Welcome to both.



(Above) Baby Niko and baby Sebastian



Employee Anniversaries

15 Years
Randy Denton | Ukiah

14 Years
Jennifer Mansfield | Ukiah

13 Years
Patricia Hazen | Manteca
Jennifer Mansfield | Ukiah

9 Years
Maria Lopez | Fresno

8 Years
Darlene Matthews | Santa Clara
Alex Underwood | Fresno

4 Years
Marilyn Lopez | Imperial Valley
Wilson Floyd | Ukiah
Alejandrina Villasenor | Visalia

3 Years
Dolores Delgado | Ukiah
Conchita Figueroa | Imperial Valley
Vanessa West | Visalia

2 Years
Sheena Hill | Visalia
Sayara Landon | Ukiah
Angela Moore | Ukiah
Samuel Rabb | Imperial Valley
Lesley Ramirez | Imperial Valley

1 Year
Deserea Bockness | VCS
Adrian Fisher | Ukiah
Jose Ramirez | Imperial Valley

Redwood Coast Ukiah

By Jennifer Bilstein

What's Going On?

First I'd like to say congratulations to our DSA Emi who got married in late September! She looked beautiful in her dress, and we wish her a lifetime of happiness on her journey with her new husband!

Happy Halloween everyone! We hope everybody had a lot of fun on Halloween this year. We know our clients sure did! We even had a few birthdays this month. We'd like to wish a big happy birthday to our clients Allen and Randy! Also, happy birthday to DSA Dolores! We hope you all had a great time on your birthday!

We held a Pro-ACT class at our office this month. The students that were there learned a lot of important information in case any of us ever gets into a potentially volatile situation. What were the most important things we learned? First, COMMUNICATE! Communication is key in pretty much any situation, and that doesn't change when working with clients. Second, if you do find yourself in a potentially volatile situation, EVADE, EVADE, EVADE! It's not often, but our clients do have bad days every now and then. Sometimes they don't remember how to express themselves without acting out in a potentially harmful way. If you're put in that situation, do your best to stay out of the way and always remember to keep communicating.

In case you missed it in the Ukiah Daily Journal, the local Rod & Gun Club took a group of our clients out to the Mill Creek Dam to go fishing. The Ukiah Rod & Gun Club provided bait and tackle for our clients to use. They volunteered their time to not only help set up the get together, but they also taught our clients how to bait hooks, cast a line, and reel in the big ones! All the clients that participated had a wonderful time. The weather was great that day, and the group finished off the trip with a delicious lunch provided by the Ukiah Rod & Gun Club.

Clients also got to slide on their dancing shoes and have a lot of fun at a Halloween Party. On a night where you can be anything or anyone, we had quite a variety amongst our clients from Popeye to a Snow White to a prisoner! Everybody seemed to have a lot of fun at the party. There was pizza, drinks, dancing, and good friendly fun. Hope everybody had a great time!



(Top, Right) DSA Emi Landon and her husband.



(Above) Clients dressed up for Halloween



(Above) Famous Ukiah office in the local paper

Congratulations
to the Wellness
Winner of the
Month:

JANICE DUNCAN!

Employee of the Quarter Chanthra Choeum - VCS

Chanthra has been with Community Catalysts for almost two years as the office manager for the Veteran's Community Service. Many people might not know, but before we had two office managers for VCS, Chanthra was the office manager for both 700 and 703. Chanthra put in a lot of hard work to make sure that the VCS offices ran smoothly. Boy did he do a great job! If you had a question, Chanthra had the answer. He always strives to make his supervisor's day a bit easier and less hectic. Whether it's at the corporate office or any of the VCS offices, Chanthra has been a big help to many employees who have crossed paths with him. He always goes out of his way to help someone else and is a team player even if he has a full load of tasks that need to be completed. No matter how tired and frustrated he is, he never gives up and always strives for excellence. Chanthra goes above and beyond no matter what the situation may be. His dedication, communication skills, drive, and attitude are something we should all mirror. Thank you Chanthra for all you do. You truly make a difference. Congratulations, Chanthra!

Client of the Quarter Winnie S. – San Marcos

Winnie is a wonderful client from the San Marcos office. Winnie is not afraid to get in front of people to participate in games and silly activities. She has excelled in her community socially and has been more involved with CCC events since we've known her. She is very kind and is able to receive constructive instructions well without complaining. She just strives to do the best she can whether others' expectations are met or not. Since Winnie moved to her new senior apartments almost 3 years ago, she plays Bingo every week with her new neighbors and gets involved with helping to set up for events in her complex. She also loves to participate in events and annual themed parties. Winnie is even lucky enough to win, and she loves winning prizes. For this year's competition, she is going for the prettiest not the scariest. She's decided to be an angel.

Winnie has been very brave and has actively participated in many CCC events. From the San Marcos Valentine's Day party, where she got to sing karaoke, to sailing on boats during four Mission Bay events. She has been challenged to work on certain social dilemmas as one of her goals, openly accepted the challenge, made progress, and continues to improve every day. Being social is her number one desire. She has never shown an ounce of fear, and at 65 Winnie is now one of the bravest and boldest clients to come through the San Marcos office. Congratulations, Winnie!

South Bay

Santa Clara

By Erica Barber

What's Going On?

We would like to give a great big welcome to our new DSA Lizette! She has caught on quick and is doing great with the clients. Denise applied to the Butterfly Club on behalf of Joe to get him new pots and pans. The ones he had were very old, and it was time to toss them out. He was excited to go shopping and enjoys cooking with his new items! Thank you to everyone who have contributed to this wonderful program.

Shelley stopped by our office this month to administer the Pro-Act training to all of our staff. Some people came down from the Salinas office as well, so we decided to make a potluck out of our time together. There was so much yummy food! It was an enjoyable and informative two days. We are grateful for Shelley, and everyone walked away with more skills to implement while working with clients.



(Above) Lizette & Joe shopping for his new items



(Above) Pro-Act training

Salinas

By Farley Odad

What's Going On?

CM Cecilia worked on a weekend so she could take a few her clients to the Salinas Airshow. Tickets were donated by her family friend, and we are so thankful.

Our DSA Brenda also donated free tickets to her clients for the Monterey Bay Aquarium. Florendo and Armando happened to be the lucky ones to go and have fun.



(Above) Salinas clients at the Air Show and Aquarium

North Valley

Manteca

By Jessica Ramos

What's Going On?

Happy Halloween! Manteca office celebrated Halloween with clients and staff on Friday, Oct. 28th. Our potluck was perfect and yummy. We enjoyed talks among each other and listened to Halloween music and a variety of other music.

Congratulations Shawn Benson! Shawn's daughter, Terina gave birth to a healthy baby boy on October 13 at 4:05am. He weighed in at 6lbs 13oz and 19.25 inches long.



(Above) Manteca Halloween party



(Above) Shawn Benson's grandbaby



Central Valley

Visalia

By Steven Camacho

What's Going On?

This month Visalia clients enjoyed an outing to the Big Fresno Fair where they got to enjoy tasty fair food and the carnival rides. Tracy shared a picture of herself dressed up for a church event, and Jacob stopped by the office to show off his cop costume on Halloween.

Northern California Manager Shelley Cook presented a certificate to Candy Beck for five years of service at our monthly staff meeting!



(Above) Clients at the Big Fresno Fair

Merced

By Tracy Hernandez

What's Going On?

We want to thank Sylvia Ruiz-Ortiz for her 17 years of service as an office assistant in the Merced office. We now welcome Tracy Hernandez as the new office assistant. Additionally, a big welcome goes out to Manuel Garza as a direct service aide.



(Above) Shelley Cook and Candy Beck



(Left) Clients celebrating Halloween



11th Annual Opportunity Drawing Fundraiser



Top Prize

Beats Solo 2 Wireless Headphones

Other Prizes Include

Various gift cards from various stores and restaurants!



Tickets are a suggested price of \$2.00 each and ANYONE is eligible to participate!

Each Butterfly Club member will receive a packet of 10 tickets with which to fundraise.

All completed ticket stubs need to be sent to the Home Office with cash, check, or money order made out to Community Catalysts of California **BEFORE** you can obtain additional tickets.

All tickets need to be at the Home Office no later than Friday, November 11th.

Additional tickets will be available at each office or by contacting the Home Office.

****Drawing will be held on November 14th with winners announced in the December newsletter!****



amazon smile Org Central

By reminding employees to shop at **smile.amazon.com**, Community Catalysts of California could increase its AmazonSmile donations!

Our charity link is: <http://smile.amazon.com/ch/33-0008269>

HAPPY SHOPPING!!!